

TEAR
ACROSS HERE

ZIP=PAK®

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KEEP REFRIGERATED
serving suggestion

NET WT 16 OZ (1 LB) 454g



97% Fat Free
No Artificial
Flavors or Colors

**Black
Forest
Ham**
Water Added



3 A 1 BEST IF USED BY 07/15/22 10 11:51



BLACK FOREST HAM Water Added

Nutrition Facts

Serving Size 1 slice (28g)

Servings Per Container 16

Amount Per Serving

Calories 30 Calories from Fat 10

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0.5g

Cholesterol 10mg 3%

Sodium 260mg 11%

Potassium 200mg 6%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

Folic Acid 0%

*Percent Daily Values (DV) are based
on a 2,000 calorie diet.

INGREDIENTS: HAM CURED WITH WATER, CONTAINS 2% OR LESS OF THE
FOLLOWING: DEXTROSE, SALT, POTASSIUM LACTATE, SODIUM PHOSPHATE,
SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE, FLAVORING.

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